

## Energy Saving Tips



- Dry clothes on the line, not the radiator. Avoid using the tumble drier where possible.
- Turn off plugs when not in use. Leaving things on standby uses energy.
- Boil a kettle with only as much water as you need.
- Wash clothes at a lower temperature (30 degrees) and try to make sure the washing machine is full.
- Don't leave the hot tap dripping.
- Use energy saving light bulbs.
- Try not to leave fridge door open.
- Defrost the freezer regularly.
- Cover pots and pans when cooking, they will boil a lot quicker.
- Cook several different things on one ring using a steamer.
- Turn central heating down by one degree and put a jumper on.
- Close doors to prevent losing heat from the room.

Useful website for energy saving tips  
[www.direct.gov.uk](http://www.direct.gov.uk)

